Howard County LHIC

Local Health Improvement Coalition

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Healthy Aging Workgroup Meeting February 26, 2018 2:30 p.m. – 3:30 p.m. Remote https://zoom.us/j/6112541255

Meeting ID: 611-254-1255 +1 929-436-2866

<u>Meeting Goal:</u> – By the end of this meeting, work group members will review the FY 19 review mid-year outcomes and updated HCHAS data and progress relevant to work group-specific initiatives. Members will become familiarized with services available to older adults through the new Psychogeriatric Coordinator within the Howard County Health Department's Bureau of Behavioral Health.

Meeting Agenda

Meeting will start promptly at 2:30 p.m.

- I. 2:30 2:35 Welcome & Introductions
- II. 2:35 2:40 Approval of Minutes and Announcements
 - a. Alzheimer's Training and Education Events
 - b. Powerful Tools for Caregivers
 - c. Virtual Dementia Tours
- III. 2:40 2:55 FY19 Midpoint Review and SHIP/HCHAS Data Update
 - a. Virtual Dementia Tour
 - b. Memory Café
 - c. Powerful Tools for Caregivers
 - d. SHIP Data
 - e. HCHAS Mapping by Demographic
- IV. 2:55 3:10 HCLHIC Educational Action Group Upcoming Programming
 - a. Stepping Up Your Nutrition and Chronic Disease Self-Management Linkage
 - b. MD Falls Coalition Talk at May Work Group
 - c. Elkridge 50+ Center Event

- d. Exercise for Brain/Bone Health: Physical Activity for Falls Prevention and Improved Dementia Outcomes
- e. Grief and the Older Adult
- V. 3:10 3:25 HCLHIC/HCHD Psychogeriatric Coordinator
- VI. 3:25 3:30 Next Steps for action groups and meeting wrap-up

Future Meeting Dates:

<u>Work Group</u> May 28, 2019; 2:30 – 4:00 pm – Barton A & B

FULL HCLHIC

April 25, 2019; 8:30 am – 10:30 am Potomac/Severn Rooms June 27, 2019; 8:30 am – 10:30 am Susquehanna Room

Agenda and Minutes:

Members are encouraged to review the minutes from Full HCLHIC and HCLHIC Work Group Meetings on the website under meeting portal. <u>http://www.hclhic.org/membership/meeting-portal</u>

Member Announcements:

Members are asked to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming Events: <u>http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/</u>. To request an event be added to the HCLHIC Community contact <u>lhic@howardcountymd.gov</u>.

Inclement Weather Policy:

In the event of inclement weather please note that the HCLHIC will not meet if the Howard County Government and/or the State of Maryland Government are closed.

In the event that the Howard County Government and/or the State of Maryland Government have a delayed opening, meetings scheduled to begin prior to 10:00 a.m. will be cancelled. Meetings that were scheduled to begin after 10:00 a.m. will be held as scheduled.